What is claimed is:

- 1. A fitment comprising a circumscribing wall, a floor extending inwardly from said wall, and a pour spout ascending from an inward portion of said floor, wherein the circumscribing wall has an upper edge that defines a circumscribing wall opening having a given area, wherein the pour spout has a top edge that defines a pour spout opening having a given area, and wherein a ratio of the pour spout area to the circumscribing wall area is greater than about 0.20.
- 2. The fitment according to claim 1, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.25.
- 3. The fitment according to claim 1, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.30.
- 4. The fitment according to claim 1, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.35.
- 5. The fitment according to claim 1, wherein the floor extends inwardly from a bottom of said wall.
- 6. The fitment according to claim 1 further comprising a flange extending radially outwardly from an upper edge of the circumscribing wall.
- 7. The fitment according to claim1, wherein the floor extends inward from a bottom edge of the circumscribing wall.
- 8. The fitment according to claim1, further comprising one or more ribs which extend from an exterior wall of the pour spout outwardly towards the circumscribing wall.

- 9. The fitment according to claim1, further comprising a slot in the spout which extends from the floor upwards towards to the upper edge of the spout.
- 10. A bottle comprising a bottle body having a finish extending upwardly from the body and a fitment received within the body, the fitment having a circumscribing wall which extends generally vertically, a floor extending inwardly from a bottom edge of said wall, and a pour spout ascending from an inward portion of said floor, wherein the circumscribing wall has an upper edge that defines a circumscribing wall opening having a given area, wherein the pour spout has a top that defines a pour spout opening having a given area, and wherein a ratio of the pour spout area to the circumscribing wall area is greater than about 0.20.
- 11. The bottle according to claim 10, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.25.
- 12. The bottle according to claim 10, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.30.
- 13. The bottle according to claim 10, wherein the ratio of the pour spout area to the circumscribing wall area is greater than about 0.35.